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Getting Through the Divorce

Make No Dramatic Changes for a Year

Divorcing couples frequently get the notion that the end of their marriage means they must overhaul everything else as well. They move onto other job or another residence, cash in retirement accounts, or join a commune.

But change for the sake of change is unnecessary, especially as you are adjusting to the aftershocks of divorce. Make major changes only when necessary.



Look After Your Children

1. Make your children an absolute priority in your life;
2. Address and provide for all of their needs;
3. Protect them from the emotional turmoil of divorce and other stresses; and
4. Always display a positive attitude around them to safeguard their emotional health

Prioritizing the needs of the children will not only protect them from harm, but also keep your mind off your own problems while you are creating a new life for yourself.

Should You Take Your Case to Court?

Family law litigation can take a financial and emotional toll on your life. To advise you on the cost of litigation, your attorney will mention the high cost of litigation at the initial conference.

Topics to Cover with Your Attorney

1. What specific objectives your attorney believes can be achieved at trial that cannot be accomplished by settlement;
2. Reasons your attorney believes that trial will prevail where negotiations have failed; and
3. Your attorney's plan for persuading the judge that any of his or her recommendations for settlement should not be carried out in a final judgment, and how he will demonstrate to the judge that the recommendations were incorrect.

Any decision to take a case to trial must be based on objective criteria, and should involve a cost/benefit analysis.



Tips on Effectively Sharing Parenting Duties Following Divorce

Spend on Necessities As Well As Luxuries

This demonstrates that you understand that children require more than fast food and video games. Your spouse will be pleased by the act of maturity and may allow you more leeway on other issues.

Avoid Conflicts During the Transfer

If you feud with your spouse every time he or she arrives to get the kids, your ex may decide not to come altogether. This will ultimately hurt your kids, not your ex.

Don't Treat Your Kids Like Spies

Don't ask your kids to provide you with information about your ex. If you pressure your children to confide in you, you may run the risk of the children feeling as though they have betrayed their other parent. This will damage the relationship between your child and your spouse, and will hurt the child as a result.

Your case is important to us. If we can't help you, we'll do our best to refer you to someone who can.

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Wishing you success,

